Weekly Recovery Meetings

**BRUINS FOR RECOVERY MEETINGS**
During Recovery Lounge Hours

"Monday Guest Speaker"
6:00-7:00pm @BRC
*Come at 5:30 for fellowship!

"Topic Tuesday"
5:00-6:00pm @BRC

"Wednesday Workshop"
5:00-6:00pm @BRC

"Thursday Reflection"
2nd & 3rd Thursday of every month.
@BRC 5:00-6:30pm

"Out of the Box"
Fridays at Noon
@The LGBT Center Library
SAC B36.
*LGBTQ Student Community

**12 STEP MEETINGS ON CAMPUS**

"AA Desire to Stop"
Wednesdays 2:30-3:30pm
Kerckhoff 152
*Open to those with a desire to stop drinking

"Al-anon Family Group"
Thursdays 12:05-1:00pm
Please call for location
424-256-9992

**COLLEGIATE RECOVERY MEETINGS**

"CRP Sober Happy Hour"
First Thursday of every month
5:00-6:30pm in the BRC. Join us
for food, games, and activities

"Newcomer Q&A Meeting"
Last Thursday of every month.
Join us in the BRC for an introduction
to the program! 5:00-6:30pm

Visit bruins4recovery.org for updated meeting times and locations.
The UCLA Collegiate Recovery Program Provides support to students in recovery from substance use and other addictive behaviors through the following services:

- Individual academic and personal support
- Skill-building and wellness workshops
- Referrals to campus and community resources
- Meeting and study space

www.collegiaterecovery.ucla.edu | Facebook.com/UCLARecovery

The student organization, Bruins for Recovery (B4R), provides:

- Free open recovery meetings for all students
- Sober social events
- Community service opportunities

www.bruins4recovery.org | Facebook.com/Bruins4Recovery

Need support or want to learn more? Call or text to talk with a member from B4R at (213) 761-4732